Larry Hogan Governor



Rona E. Kramer Secretary

Boyd K. Rutherford Lt. Governor

March 17, 2016

The Honorable Thomas V. Mike Miller, Jr. President of the Senate State House, H-107 Annapolis, MD 21401 - 1991

The Honorable Michael E. Busch Speaker of the House of Delegates State House, H-101 Annapolis, MD 21401 - 1991

RE: MSAR #6505, HU § 10–310, Annual Report for the Interagency Committee on Aging Services (IAC)

Dear President Miller and Speaker Busch:

The Maryland Department of Aging (Department) respectfully submits this letter and attachment to serve as the report for the Interagency Committee on Aging Services (IAC) for 2015 as required under Human Services Article § 10-310.

The IAC did not meet in 2015 as Maryland Access Point (MAP) has superseded the Committee. MAP is Maryland's statutorily designated Aging and Disability Resource Center and has established itself as a national model integrating multiple human service agencies and serving as the gateway to public and private services. The enclosed document explains the Department's efforts to work collaboratively with state and local partners to identify and address the needs of older adults.

Please contact Andrew Ross, Legislative Liaison, at <u>andrew.ross@maryland.gov</u> or 410-767-2116 with any questions.

Very truly yours. ener Rona E. Kramer Secretary

Enclosure

cc: Sarah Albert, Department of Legislative Services

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Maryland Department of Aging - Interagency Coordination

The Maryland Department of Aging (Department) regular communicates with State and Local partners to improve coordination, identify and address gaps in services, and better utilize existing resources. The Department of Aging and its sister state agencies have promoted a culture of interagency coordination to identify and work together to resolve long-standing issues impacting older adults, individuals with disabilities, and their families and caregivers. This includes working on a regular basis with the Departments of Health and Mental Hygiene, Human Resources, and Disabilities. In addition, the Department regularly works with the Department of Transportation, Department of Housing and Community Development, Department of Labor, Licensing, and Regulation, and the Department of Veterans Affairs, among others, to ensure services are coordinated and issues are addressed promptly. Staff at all levels within the Department interact with other state agencies on a daily basis to prevent duplication and resolve problems.

The Department works in partnership with local Area Agencies on Aging (AAAs) through bimonthly meetings and regular communication to ensure Department programs meet the needs of the growing population. Each year, AAAs submit an Area Plan to analyze the needs of older adults in their communities and outline their proposed programming and budget for the year ahead. Public hearings help guide the AAAs to identify priorities and gaps impacting older adults.

At the state level, the Department welcomes feedback from citizens, stakeholders, and other interested individuals. Currently, the Department is preparing a State Plan on Aging as required by the federal government. The Department will hold multiple public hearings to identify and work to address issues raised by community members to ensure the State Plan is reflective of the needs of citizens and stakeholders.

Separately, multiple coordinated state efforts are also addressing critical issues impacting older adults, government, and non-governmental partners from transportation to employment to long-term care. Developing an interagency infrastructure is most notable through Maryland Access Point which is discussed in detail.

The Department's collaborative efforts within state government and in instituting local interagency partnerships have garnered national acclaim. Staff from the Department have been asked to present at a national conference and train other states to replicate Maryland's successes. Regular communication with state and local agencies, stakeholders, and consumers is critical to ensuring the needs of Maryland's older adults are met. The Department is proud of its interagency efforts and looks forward to continued collaboration to make future improvements.

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Selected Areas of Collaboration

- The Department participates in the State Coordinating Committee for Human Services Transportation and the Motor Vehicle Administration's Older Driver Safety Forum to ensure older adults have access to safe, effective transit options.
- To address challenges of senior employment, the Department participates in the Governor's Workforce Investment Board with state agencies and business leaders.
- The Senior Community Service Employment Program, overseen by the Department of Aging, works in partnership with the local One Stop Career Centers managed by the Department of Labor, Licensing, and Regulation to connect seniors to subsidized employment opportunities and to provide job skills training.
- The Department of Housing and Community Development's Accessible Homes for Seniors Program, which provides financing for improvements such as grab bars, ramps, and the widening of doorways, is coordinated with Maryland Access Point to simplify enrollment for older adults.
- The Department participates in the Maryland Medicaid Advisory Committee to review the usage and adequacy of Medicaid services. Policies impacting older adults and individuals with disabilities, such as Maryland's efforts to promote Medicaid community services, are implemented and evaluated in close collaboration with the Department of Aging.
- As a member of the Maryland Behavioral Health Advisory Council, the Department of Aging co-chairs the new Adults and Older Adults committee to address growing behavioral health needs among older adults. The committee provides recommendations to the full Council with strategies to improve services for the adult and older adult population as part of a coordinated and integrated system that includes prevention, early intervention, recovery, and cost-effective strategies.
- In recognition of the many older adults who may have difficulty paying their energy bills, the Department is participating in the Department of Human Resources' Office of Home Energy Programs workgroup to improve the energy assistance program.
- Through the Oversight Committee on Quality of Care in Nursing Homes and Assisted Living Facilities, the Department guides efforts to reduce abuse and promote residents' rights alongside advocates, private providers, and state agency partners.

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Maryland Access Point

Guiding the improved coordination of services for consumers is the Maryland Access Point/No Wrong Door (MAP/NWD) model. As the centerpiece of a broader delivery system reform effort, MAP/NWD includes programs and services to shift toward a communitybased services and person-centered model. Initiatives such as Money Follows the Person, Options Counseling, and the Veteran-Directed Home and Community-Based Services Program demonstrate the growing collaboration among different state and local agencies. Through these activities, the Department and its statutory responsibility for providing information, planning, and access assistance have evolved to work with new partners, and adopt customer service philosophies regarding self-direction and person-centered planning to serve populations that traditionally were not constituents of the Area Agencies on Aging (AAAs).

The "No Wrong Door" approach uses partnerships and coordination among state and local agencies to serve a common and diverse constituency through a seamless access system that provides objective information and assistance through joint databases, cross training, common standards and certifications, and the creation of formal agreements for cross referral and joint support. MAP/NWD reflects a national shift that has built upon the wellestablished and respected AAA network and its Information and Assistance, State Health Insurance Assistance, and Caregiver programs. Maryland state-level agencies that form the NWD operational infrastructure include the Department, the Department of Health and Mental Hygiene (Medicaid community long term services programs; Developmental Disabilities Administration; Behavioral Health Administration; Public Health) and the Department of Human Resources (Family Investment Administration; Adult Services).

These agencies along with other state partners have worked together for decades to connect individuals to appropriate services, and make referrals to affect an individual's ability to maintain independence. MAP consistently supports individuals with referrals to the local health department for functional eligibility assessment, local department of social services for financial eligibility determinations, and assistance with identifying other health-related social-needs, such as home energy support and SNAP (food stamps). The Department of Aging and its NWD partners are now moving into an era where multiple aligned efforts seek to drive those at risk for institutionalization toward community options, develop service plans aligned with the person's self-identified goals, and consideration of personal resources and private pay services prior to public programs.

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These efforts include:

- Providing a multi-agency, statewide training to 154 local staff focusing on personcentered thinking and interagency relationships and communication. An additional 186 local, multi-agency staff are expected to be trained in FY16.
- Requiring local MAPs to work with partners to establish formal referral and communication protocols to streamline the critical pathway from intake to access to services.
- Convening an interagency workgroup of the state partners in 2014 and 2015 to improve coordination of and access to long-term services and supports for older adults and people with disabilities, through improved interdepartmental collaboration, coordination, and partnerships at the state and local levels. Common issues that were identified included:
 - o Training
 - \circ Communication
 - Data Collection
 - o Operational Protocols
- Reconsidering data collection through the Shared Human Services IT project that will connect local staff across agencies and maintain files that "follow the person" and not by agency. This project involves identifying commonly collected data elements, requirements to integrate different applications, connections to a centralized client data bank, and establishing appropriate firewalls and safeguards to comply with HIPAA and other privacy laws. Participating agencies include DHR, DoIT, MDoA, and DJS. Additionally, DLLR, DHCD, and DHMH are eventually envisioned as connecting their respective applications to the central database.
- Training is currently occurring through MDoA and is aligned with other training requirements, such as by DDA and DHMH, to provide person-centered planning certification to local staff and Medicaid case managers (now known as supports planners).
- Modifying operational protocols which are still evolving collaboratively as new IT systems, screening and assessment tools for eligibility determinations, and new staff roles are implemented. For example, a statewide toll free phone number (1-844-MAP-LINK) was established in 2014 so that individuals could use one phone number throughout the state, a feature that is especially useful for non-local family caregivers.
- Relaunching the MAP website with a more consumer-friendly information library and intuitive geographic search capability of the nearly 13,000 provider listings in the resource directory (<u>www.MarylandAccessPoint.info</u>). This re-launch was

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implemented in close collaboration with various public, private, and non-profit stakeholders and consumer focus group feedback.

• Inclusion of non-governmental agencies and consumers in the planning and feedback process. For example, the Alzheimer's Association of Maryland-Greater Maryland Chapter, Mental Health Association of Maryland, Brain Injury Association of Maryland, seven regional Centers for Independent Living, Maryland Center for Developmental Disabilities (Kennedy Krieger Center for Excellence), and University of Maryland and Johns Hopkins have been engaged to assist with the transformation, in some instances as relevant stakeholders and in other cases as contracted vendors.

The No Wrong Door/MAP system in Maryland is envisioned as an infrastructure that will continuously be "in progress" as it is intended to be an adaptive system that evolves to meet changing populations, needs, and goals. Immediate impacts involve the shift to holistic consumer support in a person-centered manner that promotes self-direction. The long-term impact to the State is better cost containment through evidence-based targeting of individuals at high risk for institutionalization and diversion to lower cost community programs, including State programs such as Senior Care and Congregate Housing.

Identifying Service Gaps

The Department is building off these infrastructure changes to address a number of concerns. Through surveys conducted by the Caregiver Support Coordinating Council at DHR and AARP, a review of currently collected data indicates increased demands and needs for community resources including:

- Education: increased education on how to stay in the home or community
- Caregiver supports: respite, caregiver education (e.g. managing difficult behaviors), social interactions, remote caregiver monitoring
- Community services: home modifications, prescription medication monitoring, reminders, identifying public-private partnerships that may provide lower cost services and products for individuals just above eligibility requirements for public programs
- Provider training (e.g. personal assistance providers, case managers)