



Department of Public Safety and Correctional Services

Office of the Secretary

300 E. JOPPA ROAD • SUITE 1000 • TOWSON, MARYLAND 21286-3020
(410) 339-5000 • FAX (410) 339-4240 • TOLL FREE (877) 379-8636 • V/TTY (800) 735-2258 • www.dpssc.maryland.gov

December 1, 2017

STATE OF MARYLAND

LARRY HOGAN
GOVERNOR

BOYD K. RUTHERFORD
LT. GOVERNOR

STEPHEN T. MOYER
SECRETARY

WILLIAM G. STEWART
DEPUTY SECRETARY
ADMINISTRATION

J. MICHAEL ZEIGLER
DEPUTY SECRETARY
OPERATIONS

DAVID N. BEZANSON
ASSISTANT SECRETARY
CAPITAL PROGRAMS

The Honorable Thomas V. Michael Miller, Jr.
President of Senate
State House, H-107
Annapolis, MD 21401 – 1991

The Honorable Michael Erin Busch
Speaker of House of Delegates
State House, H-101
Annapolis, MD 21401 – 1991

RE: Report on Chapter 571, 2017 - Heroin and Opioid Prevention Effort (HOPE) and Treatment Act of 2017 (MSAR # 11278)

Dear Mr. Speaker and Mr. President:

According to the language contained in Chapter 571 -- Heroin and Opioid Prevention Effort (HOPE) and Treatment Act of 2017 -- enacted in 2017, the Department of Public Safety and Correctional Services (DPSCS) is required to submit a one-time report. The language specifically states:

- (a) The Department of Public Safety and Correctional Services and each local jail and detention center, in collaboration with the Department of Health and Mental Hygiene and stakeholders, shall develop a plan to increase the provision of substance use disorder treatment, including medication-assisted treatment, in State prisons and each local jail and detention center.
- (b) On or before November 1, 2017, each local jail and detention center shall submit the plan required under subsection (a) of this section to the Department of Public Safety and Correctional Services.
- (c) On or before December 1, 2017, the Department of Public Safety and Correctional Services shall submit a report that includes the plans required under subsection (a) of this section and any recommendations to the General Assembly in accordance with § 2-1246 of the State Government Article.

I hope this letter and the attachments meet with your approval. If the Department or I can be of further assistance, please do not hesitate to contact me or the Director of Legislative Affairs, Rachel Sessa at 410-339-5022.

Sincerely,

A handwritten signature in cursive script that reads "Stephen T. Moyer". The signature is written in black ink and is positioned above the printed name.

Stephen T. Moyer
Secretary

Attachment: Report on Chapter 571, 2017 - Heroin and Opioid Prevention Effort (HOPE) and Treatment Act of 2017 (MSAR # 11278)

cc: Mr. Matthew Clark, Chief of Staff, Governor's Office
Mr. Walter "Pete" Landon, Deputy Chief of Staff, Governor's Office
Mr. Christopher Shank, Governor's Chief Legislative Officer
Ms. Sarah Albert, Department of Legislative Services



**DEPARTMENT OF PUBLIC SAFETY AND
CORRECTIONAL SERVICES**

Report on the Heroin and Opioid Prevention Effort (HOPE)
and Treatment Act

December 2017

Governor Larry Hogan
Lt. Governor Boyd K. Rutherford
Secretary Stephen T. Moyer

I. INTRODUCTION

According to the language contained in Chapter 571 -- Heroin and Opioid Prevention Effort (HOPE) and Treatment Act of 2017 -- enacted in 2017, the Department of Public Safety and Correctional Services (DPSCS) is required to submit a one-time report. The language specifically states:

- (a) The Department of Public Safety and Correctional Services and each local jail and detention center, in collaboration with the Department of Health and Mental Hygiene and stakeholders, shall develop a plan to increase the provision of substance use disorder treatment, including medication-assisted treatment, in State prisons and each local jail and detention center.
- (b) On or before November 1, 2017, each local jail and detention center shall submit the plan required under subsection (a) of this section to the Department of Public Safety and Correctional Services.
- (c) On or before December 1, 2017, the Department of Public Safety and Correctional Services shall submit a report that includes the plans required under subsection (a) of this section and any recommendations to the General Assembly in accordance with § 2-1246 of the State Government Article.

It is important to note that the Department of Public Safety and Correctional Services oversees all state prisons, which houses offenders sentenced to 18 months or longer, as well as the Baltimore City Jail. All other local jails and detention centers are run by the counties. While the Department enjoys an excellent partnership with these local jails and detention centers, the Department has no jurisdiction over their operations.

II. THE DEPARTMENT OF PUBLIC SAFETY AND CORRECTIONAL SERVICES

The Department provides a plethora of services designed at stemming the use and abuse of illicit substances. Staff provide outcome-oriented, results-based levels of care in the treatment of addictions as defined by the American Society of Addictions Medicine. Utilizing the Texas Christian University Drug Screen II (TCU-DS II) instrument, staff identify offenders with a substance use disorder and recommend placement into one of several treatment milieus offered by the Department:

- **Addictions Treatment Protocol (ATP)** – Considered an American Society of Addiction Medicine (ASAM) I Level of Care milieu providing group services twice weekly for 1.5 hours per session and individual services for .50 hours biweekly. Program duration is 6 months and is offered at Roxbury Correctional Institution (RCI), Maryland Correctional Training Center (MCTC), Maryland Correctional Institution-Jessup (MCI-J), Eastern Correctional Institution- East (ECI-E), Eastern Correctional Institution-West (ECI-W),

and Eastern Correctional Institution-Annex (ECI-A).

- **Substance Abuse Intervention (SAI)** - Considered an ASAM I Level of Care milieu providing group services twice weekly for 1.5 hours and individually for .50 hours biweekly. Program duration is 3 months and is offered at the Maryland Correctional Institution-Women (MCIW).
- **Substance Abuse Protocol (SAP)** - Considered an ASAM II Level of Care milieu providing group services for 1.5 hours; education and seminar groups for 1.0 hour conducted daily and individually for .50 hour weekly. Program duration is 90 days and is offered at MCTC.
- **Addictions Changing Together-Substance Abuse Program (ACT-SAP)** – Considered an ASAM II Level of Care providing group services daily for 1.5 hours and individually for .50 hour weekly for those offenders referred by the Baltimore City Drug Court. Program duration is 45 days and includes an acupuncture component.
- **Aftercare** – Provides group service once weekly for 1.5 hours. Program duration is 1 year or until offender is released and is offered at RCI, MCIW, MCTC, ECI-E, ECI-W, ECI-A.
- **Methadone Maintenance** - Staffed by medical contractor providing methadone maintenance services to both the male and female population. Additional detox services offered to those offenders not on methadone maintenance or sentenced to the Division of Corrections.
- **Methadone Initiation** – A National Institute on Drug Abuse (NIDA) funded initiative providing methadone initiation to detainees at the DPSCS detention facility or upon release in the community.
- **Vivitrol** – A NIDA funded initiative providing participants with 1 shot of Vivitrol prior to release with additional shots received post-release either via mobile unit at residence or at methadone clinic.
- **Peer Recovery Unit** – A Governor’s Office of Crime, Control and Prevention (GOCCP) funded initiative providing peer support to offenders identified with a substance use disorder. Unit is located at ECI.
- **Narcan Training** – Baltimore City Health Department provides monthly Narcan training ACT-SAP participants and provides with a prescription at release.

- **Residential Drug Treatment Under Sections 8-505 and 8-508 of the General Health Article** – Offenders who are ordered to undergo an 8-505 evaluation to determine if the offender has a substance use disorder; after which the results are sent to the court for disposition. If the judge orders that, based on that report, the offender is in need of substance abuse treatment, the judge will sign an 8-507 order committing the inmate to treatment through the Maryland Department of Health.
- **Training** – Academy training provided for all incoming staff on the signs and symptoms of substance use disorders.
- **Alcoholics Anonymous (AA)** – a 12-step support group for those who live with or have lived with an alcoholic.
- **Narcotics Anonymous (NA)** – A 12-step support group for those who live with or have lived with an addict.

Expansion of the Department's substance use disorder treatment is twofold. One aspect of our expansion efforts is staff recruit. Recruitment efforts are underway and as staff are hired, the ATP and Aftercare will be added to the Jessup Correctional Institution (JCI), Brockbridge Correctional Facility (BCF), Baltimore City Correctional Center (BCCC), Dorsey Run Correctional Facility, (DCRF), Western Correctional Institution (WCI), and the Howard E Donnell Emergency Housing Unit (HED/EHU) locations.

In conjunction with the expansion of the ATP and Aftercare, the Department is drafting Request for Proposals (RFP's) that will outline the requirements for:

- The expansion of screening and assessments for substance use disorders. The Assessment RFP calls for the awardee to complete the TCU-DS V and the Level of Service Inventory-Revised on all intake offenders. In addition, the TCU-DS V and LSI-R will be completed on back-end inmates, when appropriate.
- The establishment of Therapeutic Communities (TC's) – considered to be ASAM III.5 Level of Care milieus. Program duration will be 6 months and operate from 8:00 am – 8:00 pm. Therapeutic Communities will operate at MCIW, MCTC, ECI, Patuxent Institution and the Central Maryland Correctional Facility.

III. Allegany County Detention Center

Currently, the Allegany County Detention Center (ACDC) conducts Jail Substance Abuse Programming for all inmates identified with a substance use disorder who request the program. The inmates are examined by the facility physician and the appropriate measures are taken to

assist with any withdraw issues the offender may have. Low-dose medication is given to assist with the symptoms of withdrawal.

If appropriate funding is obtained, ACDC may consider partnering with the local health department to create a position of Addictions Aftercare Coordinator with the intent to follow up on those offenders released into the community who have completed the Jail Substance Abuse Program. In addition, Allegany County would look toward the local health department, as well as other medical providers, to establish a Vivitrol program that would include supervision by the Aftercare Coordinator. Any program created would also provide counseling services and urinalysis testing.

IV. Anne Arundel County Department of Detention Facilities (AACDDF)

The Anne Arundel County Department of Detention Facilities (AACDDF) and the Department of Health presently work collaboratively to provide substance abuse services through the Road to Recovery Program for sentenced inmates. The Road to Recovery Program works closely with Case Management and Support Services, during incarceration and upon release into the community.

The primary objective of the Addiction Services is to assist inmates with acquiring continued methadone treatment, in house support and case management services necessary to lead a socially conforming and substance free lifestyle. To accomplish the goal, the program offers the following:

- **Road to Recovery (RTR)** - Provides methadone maintenance treatment to inmates who become incarcerated while on a methadone treatment program in the community or meet the eligibility requirements while incarcerated. Inmates receive daily medication, assessment and counseling and upon release are referred to the Adult Addiction or may return to their original program.
- **Referral and Program Acceptance** - Correctional Unit Counselors screen and refer inmates for Addiction Services in the course of developing their Inmate Program Agreement (IPA) during the intake process. The Department of Health Addictions Counselor reviews and determines which services will be appropriate for the Inmate.
- **Assessment and Release Planning** - The addictions counselor meets individually with each participant to complete an assessment and develop initial recommendations for an addictions release plan. The plan identifies the level of care needed to address the substance abuse problem and specifies resources to meet other areas of need (mental health, housing, education, family issues, job skill development, etc.). A copy of the release plan is provided to the Division of Parole and Probation to support fulfillment of the plan post-release. Involvement of family members in the release planning process is encouraged, through family contact sessions and/or participation in the Strengthening Families Program.

Inmates who reside in Anne Arundel County after release and who require substance abuse treatment as a condition of probation are eligible for post-release case management services. The goal is to provide assistance to the inmate to access treatment as part of their release plan. A Department of Health, Substance Abuse counselor follows the offender up to 30-60 days after release to support compliance with treatment and related conditions of probation.

- **Family Reunification (Strengthening Families)** - In recognition of the inter-relatedness of substance abuse and dysfunctional family relationships, Addiction Services offers Case Management support services to improve family relationships by providing education to the family members who will assist in creating a stronger recovery support system of the inmates upon their release.
- **Gender Specific Support Groups** - Both Male and Female support groups are facilitated by the Addictions Counselor on a weekly basis, in 90-minute groups that address behavioral changes and motivation to live a positive lifestyle upon re-entry. The group also introduces inmates to community resources and teaches them how to access support. Community providers are often invited to present resource information regarding their services.
- **Internal Program Referrals** - Internal Program Referrals can be made at a point during an inmate's incarceration, by the Case Manager or the Addictions Counselor for programs offered at the Ordnance Road Detention Center. The programs include but are not limited to Narcotics Anonymous, Alcoholics Anonymous, Mental Health and Recovery through the Partnership Development Group (PDG), Educational services provided by the Anne Arundel Community College, Job Training and Employment Services provided through the Anne Arundel Workforce Development Office and various workshops and services provided by volunteers and independent contractors.
- **Peer Resources Support Services** - A peer support resource specialist meets with and assists inmates who are patients of the Road to Recovery Program at the Ordnance Road Detention Center. The resource specialist main objective is to access and obtain resources supporting positive re-entry services for inmates and their families upon release into the community. Services included are such activities as going to court with the individual, attending AA and NA meetings, finding sources of transportation, housing and employment. One of the main goals of the service is to support a seamless transition from Road to Recovery to the Adult Addiction Treatment Program and to reduce the barriers to success in their journey to recovery.
- **State Care Coordination and Access to Recovery (ATR)** - State Care Coordination is a person-centered approach to recovery and an organization assisting eligible individuals with resource services in their community. The goal is to establish a health plan supportive of recovery by removing barriers to care. A Care Coordinator meets with the inmates from the Road to Recovery Program for assessment, assists in retrieving required documents (i.e., birth certificates, social security and identification cards) needed upon release for Medical Assistance and Primary Adult Care (MA/PAC) or other resources

within the community. The Coordinator, provides assistance by issuing vouchers to pay for the retrieval of documents, when necessary, follows the individual for a minimum of 6 months and meets face-to-face with the inmate both while incarcerated or when released.

- **Vivitrol** - The Road to Recovery, a fully accredited Medication Assisted Treatment program is located within the Ordnance Road Correctional Center. Inmates that are interested in Vivitrol as a form of Medication Assisted Treatment receive education on the risks and benefits of Vivitrol and are enrolled in counseling to support the use of the medication. Inmates receive their first injection within one week of release from the detention center and continue their treatment at an Anne Arundel Department of Health Medication Assisted Treatment program to continue their treatment following reentry to the community. Each participant has a comprehensive treatment plan, receives Peer Support Specialist Services as well as counseling, medication management, and treatment of Co-occurring Mental Health conditions.

The program's success is tracked using several variables: length of time enrolled in the treatment program, employment/educational enrollment, completion of Drug Treatment (if applicable) and no use of illicit substances. Since inception of this program, 35 inmates received their first injection while in custody and were successfully handed off to community Addiction Clinics for continued treatment and additional Vivitrol injections. The group of 35 have not been re-incarcerated or appeared on Police overdose reports.

The future plans for AACDDF will be directed at the Jennifer Road Detention Center (JRDC). JRDC will initiate an intensive 8-week substance abuse program for pretrial inmates. The program will educate and treat inmates who are entering the JRDC and admit to using heroin within the past 24 hours. This program takes advantage of inmates being held without bond (HWOB), therefore staying longer pending their court hearings.

Additional programs will include a contract with the Behavioral Health Administration (BHA) to implement SBIRIT training (Screening, Brief Intervention and Referral to Treatment) for our staff to better identify those who suffer from substance abuse and direct them to the appropriate treatment inside the facility and continue by referring to outside providers upon release.

The future plans for AACDF also extend to the Ordnance Road Correctional Center (ORCC). ORCC is expanding the opportunity to pilot and field test Probuphine implants. Probuphine implants are imbedded into the arm through a small injection. The implant gives small amounts of Probuphine daily over a 6-month period to block opioids from reaching brain receptors. All pilot participants will be connected to community Addiction Clinics upon release.

The Department of Health will continue offering ADEPT, a substance abuse awareness and education program which meets twice a week for three weeks on a closed enrollment basis. Participation is voluntary, but the program will expand to accommodate more inmates.

V. Baltimore County Department of Corrections

The Baltimore County Department of Corrections in collaboration with the Baltimore County Health Department provides the following:

- **Treatment Accountability for Safer Communities Program (TASC)- alternative sentencing unit** provides evaluation and supervision of substance abuse dependent offenders referred by Circuit or District Court and the Baltimore County State's Attorney's Office to interrupt the cycle of addiction and encourage positive societal behaviors. Staff provide supervision to offenders so that they become productive, non-offending members of the community.

Services are provided through Baltimore County Bureau of Health. Walk-in assessments are provided free of charge with no insurance required at the Franklin Square Drive Location. The treatment programs that are provided throughout county the conduct standard outpatient treatment services (OP), intensive outpatient treatment services (IOP), medication-assisted treatment and housing assistance are as follows:

- **Catonsville:**
 - A Helping Hand (methadone, OP)*
 - First Step, Inc.- Owings Mills (suboxone, OP)*
 - Healthcare Living for Families (OP, IOP)*
 - Mountain Manor, Frederick Ave (OP)*
 - Pine Heights (suboxone, IOP, OP)*
 - 1st Alternative Counseling (OP)
- **Dundalk:**
 - Mosiac Partners in Recovery (IOP, OP, suboxone)*
 - BD Health Services (Methadone)*
 - Eastern Ave Health Solutions (Methadone)*
 - Mountain Manor, Eastern Ave (IOP, OP)*
 - Epoch Counseling
- **Essex:**
 - Riverside Treatment (Methadone)*
 - Medmark Treatment Services, Kelso Drive (Methadone)*
 - Port Recovery (IOP, OP, housing)*
 - Hope's Horizon (detox, IOP, OP, housing)*
 - Alternatives to Dependency (OP)
 - S & S Counseling (IOP, OP)
- **Towson:**
 - DeVaughn Intervention and Treat Options (DITTO) (Methadone, IOP, OP)*
 - First Step, Inc (Cockeysville) (suboxone, OP)*
 - Medmark Treatment, Alyesbury Rd (Methadone)*

- Resource Connect (IOP, OP)*
 - One Promise (housing, IOP, OP)*
 - Kolmac Clinic (IOP, OP)
 - The Bergand Group (IOP, OP, suboxone)
- **Residential Substance Abuse Treatment (RSAT)** – A therapeutic treatment community that serves male inmates with chronic substance abuse, extensive criminal histories, and trauma. This program is unique in that Baltimore County Detention Center (BCDC) developed partnerships with correctional staff, other county agencies and treatment providers to address a major consideration in re-incarceration, substance abuse, trauma and criminal thinking. By using the therapeutic community concept, the inmate was not only accountable to himself and his family, but he was also accountable to the "community." The RSAT program helps the inmates to address issues as they occur, problem solve and change criminal thinking and behavior. The program is a 6 month intensive program that provides aftercare follow up upon release.
 - **Striving To Achieve Recovery Together (START)** – A program for females initiated at the BCDC in March 2010 by providers and program staff. The goals for the program participants is to increase coping skills, discontinue substance abuse, become productive members of society and prevent recidivism. The START program conducts a multitude of programming surrounding substance abuse and aftercare to ensure successful recovery. The program includes Substance Abuse Education (7 weeks), Relapse Prevention (5 weeks), Women's Empowerment Group (6 weeks), SHIR (sexual health in recovery) (12 weeks), Cognitive Behavior Therapy (CBT) taught by RSAT staff-12 weeks), Commitment to Change (6 weeks).
 - **Substance Abuse Education Program** – The Criminal Justice Unit (CJU) of the Bureau of Behavioral Health (BBH) provides education, support groups, and evaluations for inmates at the BCDC. Substance Abuse Education is provided for men. The course covers the effects of Opiates, Cocaine, Alcohol and Marijuana on the body and mind. Substance Abuse Education and Relapse Prevention is provided to female inmates who are attending the START (Striving to Achieve Recovery Together) at BCDC. The intent of these groups is to provide education to inmates about illicit drug and alcohol use and furnish them with treatment resources as a result of having attended the group.
 - **Alcoholics Anonymous (AA)** – a 12-step support group for those who live with or have lived with an alcoholic.
 - **Narcotics Anonymous (NA)** – A 12-step support group for those who live with or have lived with an addict.
 - **Al-Anon** – A twelve-step support group for those who live with or have lived with an alcoholic.
 - **8-505/8-507** – The CJU conducts evaluations for inmates who are sentenced to substance abuse treatment as part of their incarceration from the District Court. Once inmates are

evaluated, found to have a drug / alcohol problem, they are transported by BCDC to Gaudenzia Park Heights or Gaudenzia Crownsville. HG 8-505 evaluations are conducted on inmates who are ordered to undergo an 8-505 evaluation to determine if an inmate has a substance use disorder, their level of motivation and if they have any co-occurring mental health disorders. The finished 8505's are sent to the judge, public defender and State's Attorney's office for disposition by the judge. If the judge believes, based on the report, that the inmate should complete treatment he will sign an 8-507 order committing the inmate to treatment through the Behavioral Health Administration (BHA).

- **Maryland Community Criminal Justice Treatment Program (Peer Specialist)** – Peer Recovery Specialist are assigned to the Baltimore County Detention Center through partnership with the Baltimore County Health Department. The Peers have been providing services to incarcerated individuals at the Baltimore County Detention Center for roughly four years under the Maryland Community Criminal Justice Treatment Program (MCCJTP) and Trauma, Addictions, Mental Health, and Recovery Program (T.A.M.A.R). Inmates in need of substance abuse treatments, employment, counseling as well as housing assistance upon their release from BCDC are referred to an Outreach Peer Specialists in the community. The Peer Specialist support people in achieving and maintaining recovery; they meet with incarcerated individuals and provide linkage to services in the community in hopes to reduce recidivism and achieve long-term recovery.
- **Naloxone Training** – Provided to inmates who want it and Naloxone kits are provided upon an inmate's release.
- **Maryland Community Criminal Justice Treatment Program (MCCJTP)** - The Behavioral Health Association, in collaboration with the Core Service Agencies (CSAs) provides case management services. Each participating jurisdiction works in partnership with experts from agencies that provide behavioral health services, case management, and legal counsel services. Services includes aftercare planning while individuals are incarcerated and follow up in the community for both men and woman program participants upon release. Depending upon a participants individual needs, they will be connected to outside programs including but not limited to; Catholic Charities, CCBC, Habitat for Humanity, etc., for job placement and skills training. Program participants are connected to mental health and/or substance use aftercare treatment including; inpatient treatment, intensive outpatient services, transitional housing, and residential placement. Participants are followed in the community by home or program visits, providing transportation to appointments, phone calls, etc., for at least 30 days.
- **Trauma Addictions Mental Health and Recovery (T.A.M.A.R.)** - T.A.M.A.R. has been offered to inmates at the Baltimore County Detention Center by the Behavioral Health Administration to individuals 18 years and older who have a history of physical and/or sexual abuse with a recent treatment history for a mental health condition plus an alcohol or drug disorder. In addition to treatment in the detention center, trauma treatment is provided to inmates re-entering the community. Services include case management, while Peer Support services are offered by Certified Peer Recovery Specialist. The goal is to teach women ways to cope and recover from trauma and

addictions. Participants are followed in the community for a minimum of three months post-release and provided linkage to services in the community in hopes to reduce recidivism and assist participants in gaining long term recovery.

VI. Calvert County Detention Center

The Calvert County Detention Center (CCDC) currently offers the Jail Substance Abuse Program, an intensive outpatient program, known as JSAP (IOP). The JSAP (IOP) is offered to inmates at CCDC and is facilitated by an on-site counselor from Calvert County Behavioral Health. Groups meet for 9 hours per week for 10 weeks. Following graduation, the inmate will be assigned to a Jail Substance Abuse Program Aftercare group. The JSAP (Aftercare) is also facilitated by a counselor from Calvert County Behavioral Health. Aftercare groups meet for 1 hour per week until completion of the curriculum.

In addition to the JSAP IOP and Aftercare, the CCDC offers a Vivitrol Program and Naloxone Education. The Vivitrol Program, offered through a state grant via the Calvert County Health Department helps individuals who are battling addiction to opiates. Naloxone Education, conducted bi-weekly by the Calvert County Health Department at the Detention Center. Upon completion of Naloxone Education, the inmate receiving two doses of Naloxone, a prescription card and a certification card upon release from CCDC. t does Naloxone education bi-weekly at the Detention Center.

The Calvert County Detention also provides its population access to both AA and NA fellowship programs.

VII. Caroline County Detention Center

The Caroline County Detention Center currently offers the following substance use disorder treatment programs:

- **Individual and Group Substance Use Disorder Counseling** - Provided by a full-time certified counselor;
- **Seeking Safety** - Offered to both the male and female population. Seeking Safety is an evidenced-based program utilizing an extremely safe method for allowing individuals to achieve safety from trauma and/or substance abuse without requiring the individual to dive into the trauma narrative.
- **Methadone** – Provided to Drug-Court sanctioned inmates with 10 days or less to serve and to weekend inmates currently enrolled in Methadone maintenance.

- **Co-occurring Mental Health and Substance Use Disorder Treatment** – Offered 2 hours per week.
- **Celebrate Recovery** – A faith-based 12-step program
- **Reentry Mediation** – Conducted with family members.
- **Vivitrol** - Offered prior to release.
- **Connections to Community Services/Continued Treatment** – Facilitated monthly by a Mental Health Behavior Community Health Outreach Worker for inmates scheduled to be released.
- **Dads Able and Determined to Support (DADS)** – Through Social Services, DADS provides parenting skills, forklift and flagger certification, anger management, and life skills training for male inmates with children, regardless of custodial relationship

The expansion plan for substance use disorder treatment for the Caroline County Detention Center is to implement a modified Heroin Addiction Recovery Program.

VIII. Carroll County Sheriff's Office – Corrections Bureau

The Carroll County Sheriff's Office-Corrections Bureau fulfilled numerous in-house programs and external efforts to aid in substance use disorder treatment to incarcerated individuals. Together with the Carroll County Health Department's Bureau of Addiction Treatment Services offers two treatment programs in the Carroll County Detention Center, offering assessment, referral, counseling, treatment and aftercare:

- **Access Carroll Integrated Health Care** provides residents of the Carroll County Detention Center with substance use disorder evaluations and treatment. Evaluations are completed upon request for both male and female residents, and gender-specific treatment services are also provided at American Society of Addiction Medicine (ASAM) Level 1, Correctional Outpatient. Clients receiving outpatient treatment engage in weekly individual counseling. Male residents are also provided services at ASAM Level 2.1 Corrections. Level 2.1 treatment is provided through a Correctional Intensive Outpatient program (IOP) which is a minimum of 90 days in length. Participants engage in individual and group therapy, self-help meetings, peer recovery support services, and community groups. Weekly counselor-led groups include Anger Management, Recovery Thinking, Life Skills, and Social Skills. A Peer Recovery Support Specialist facilitates a weekly group, and the Peer Specialists are able to continue that relationship on an individual basis when a client returns to the community, providing a vital resource to individuals making that transition.

- **STOP/Heroin Program** – A six month program for male and female heroin users between the ages of 18-35 years. The program participants are required to receive a minimum of twenty hours of treatment-individual and group therapy per week. The main focus of treatment included disease concept of addiction, relapse prevention and recovery skills.
- **Re-Entry** – staff provided by the Carroll County Health Department Bureau of Prevention, Wellness and Recovery is committed to working with Carroll County Detention Center (CCDC) along with the local judicial system to ensure that identified individuals are provided case management services to improve their success of living independently, productive, and substance abuse free.
- **Medication-Assisted Treatment** - The Detention Center in conjunction with our contracted medical provider and the Health Department employ a very proactive detox program for those entering the jail with substance abuse issues and on the opposite end of incarceration provide a Vivitrol program for those eligible who have 30 days or less remaining on their sentence.

IX. Cecil County Detention Center

The Cecil County Detention Center presently offers programs that concentrate on substance use disorder treatment to include medication assisted treatment. The following programs are offered on a voluntary basis in collaboration with the local Department of Health:

- **AA** – A recovery program, facilitated by and addictions counselor from the Department of Health, for those addicted to alcohol.
- **Addictions Recovery Course (ARC)** – A program that covers substance abuse.
- **Vivitrol Program** – a medication assisted treatment program that has helped reduce existing gaps in services and foster collaboration and cooperation among our partner agencies throughout the State of Maryland and Cecil County. This program has provided access to rehabilitation programs and assist high risk individuals to succeed in recovery by assisting with transition from substance abuse incarceration treatment to community based treatment, recovery housing, community support, and other recovery supportive resources.

The Cecil County Sheriff's Office has developed screening document and a preliminary set of standard operating procedures to outline the responsibilities for medication assisted treatment. Currently, the medication assisted treatment of Vivitrol is available to inmates adjudicated to the Cecil County Correctional Facility, who meet the qualifications of treatment and demonstrate a desire to participate in the program. Through a combination

of classroom sessions and a medical classification screening, inmates are identified as candidates and accepted upon their confirmation of desire to participate. The local Department of Health is pivotal in providing the necessary therapeutic classroom training which changes behavioral attitudes and desire of the potentially selected inmates. The Department of Health provides continuity of care information and the Cecil County Correctional Facility provides recidivism information.

Once an inmate enters the Vivitrol Program and is released from the Cecil County Correctional Facility, the Care Coordinator and Peer Recovery Advocate ensures the necessary actions are taken to continue behavioral treatment. The Cecil County Department of Health's continuum of counseling and training for eventual release provides the needed modification therapies. The Care Coordinator assists the inmate in securing housing, employment, substance abuse and mental health treatment, education, and other services as they determine would be appropriate.

As part of its planned expansion of substance use disorder treatment, the Cecil County Sheriff's Office has applied for grant funds of the Residential Substance Abuse Treatment Program for 2017/2018. And, with the continued collaboration of the Cecil County Department of Health, our plan moving forward is to continue these programs and others, including but not limited to, a re-entry program for incarcerated inmates at the Cecil County Correctional Facility.

X. Charles County Detention Center

In collaboration with the Charles County Health Department, the Charles County Detention Center offers the following programs to its inmate population:

- **Jail-Based Treatment (JBT)** – A substance use disorder treatment program administered by the Charles County Health Department's Substance Use and Prevention Services to the inmate population. The goal of the program is to provide a foundation for ongoing recovery and to decrease criminality associated with drug addiction.
- **Men's Jail Based Level I Substance Abuse Counseling** – An ongoing once per week program for Charles County residents who need to complete treatment due to requirements set by MVA and/or parole and probation. It is also available to those residents who self-identify the need for treatment. The program provides information on the effects of drugs and alcohol. After the participants complete a self-assessment, they begin to make lifestyle changes examining their behavior patterns, to include their substance abuse, to determine how the two are related.
- **Intensive Program Level II-JBT (formerly HIDTA)** – Intensive treatment services provided to the male and female population. This is a highly structured program providing intensive substance abuse therapy in both group and individual settings. Ongoing aftercare may also be provided to those inmates who completed the program and are pending release. The program goals are to provide a foundation for recovery and to decrease criminal behaviors associated with addiction.

- **NARCAN Training** – Inmates in need of services received NARCAN training and are issued one dose of NARCAN upon release.
- **Substance Abuse Screening** - Conducted by the detention center's medical contractor to identify those inmates who are in need of acute care. Once identified, the inmate is placed under observation and strict detoxification protocol that includes scheduled checks, vitals readings, hydration and medication.

XI. Dorchester County Department of Corrections

Presently, the Dorchester County Detention Center offers or will offer the following substance use disorder treatment programs:

- **AA** – Fellowship groups conducted by local volunteers.
- **NA** – Fellowship groups conducted by local volunteers.
- **Drug Alcohol Recovery Treatment (D.A.R.T.)** – An intensive treatment program conducted by the Dorchester County Health Department offering a standardized assessment tool, the Alcohol Severity Index (ASI), individual and group counseling, HIV/AIDS education, and didactic programs for both male and female inmates.
- **Vivitrol** – A program running through the County Health Department. Inmates are provided the first treatment the day before they are released with follow-up treatment provided at the local health department.
- **Parenting** – A program for male inmates facilitated by social workers from the Health Department.
- **T.A.M.A.R.** - A program for female inmates that have had some type of trauma in the background.
- **Mental Health Services** – Available four days per week.

XII. Frederick County Adult Detention Center

The substance use disorder treatment services provided by the Frederick County Adult Detention Center are facilitated by the Frederick County Health Department. Other substance use disorder services provided by the Detention Center include AA and NA, which are facilitated by volunteers, Vivitrol and medically assisted detox.

In an effort to expand the substance use disorder treatment at the Frederick County Adult Detention Center, the local health department is working on a grant that will allow for the continuation of current services as well as their expansion.

XIII. Garrett County

The Garrett County Detention Center, in conjunction with the Garrett County Health Department, provides addictions services to the inmates in the facility. Group and individual drug and alcohol counseling are provided to both male and female inmates on a weekly basis. Inmates, who actively attend the sessions in the facility, are referred to the outpatient program at the Garrett County Health Department upon release.

The Health Department Councilor works closely with inmates and defense attorneys is filing for the 8-505 and 8-507 orders through the courts for eligible inmates.

Several volunteers also conduct A.A. / N.A. meetings with both male and female inmates on a weekly basis.

XIV. Harford County Detention Center

Currently, the Harford County Detention Center provides the following treatment services to those inmates experiencing with a substance use disorder:

- **Drug Awareness** – A 6-week education program for men and women that covers relapse prevention, safety planning, education, identifying triggers, coping skills, trauma, and effects of addiction, mental illness and drug addiction, treatment options, and the damaging effects of addiction.
- **Overcomers in Christ** – A faith-based approach to helping individuals overcome any type of addictive or dysfunctional behavior like alcohol, drugs, sex, gambling, etc. The teaching method is interactive, encouraging discussion as well as the sharing of personal experiences (it has a goal systems similar to the 12 steps). Program duration is 14-weeks and is offered to the male and female population.
- **AA** – Twelve steps are the principles for personal recovery. Men and women have the option of two meetings per week.
- **NA** – Twelve steps are the principles for personal recovery. Men meet one time per month. Women meet two times per month.
- **T.A.M.A.R.** – Conducted by the Office on Mental Health, TAMAR offers help to male and female inmates who have experienced “betrayal” trauma within the family unit or other intimate relationships. The objectives of the program are to develop tools to manage

traumatic stress symptoms, increase self-esteem, self-awareness, and make constructive choices, and decrease incidents of disruptive behavior in the detention center and decrease recidivism. Once an individual receives the first service of this program, they are awarded 3 months of aftercare which usually consists of therapy. Each individual is able to receive individual counseling in addition to their weekly group therapy session.

- **Women's Addiction Group** – Conducted by the Harford County Health Department and it combines the curriculums of “Living in Balance” and “Sexual Health and Recovery” to women of the detention center. This group is educational and has a therapeutic component. The drug and alcohol counselor also works directly with those going through Vivitrol court and/or receiving the Vivitrol shot.
- **Substance Abuse Unit**- Specific to men of the detention center, this unit provides 10-weeks of outpatient treatment. Each individual attends daily group and individual counseling, 5-6 AA/NA meetings every week, a meeting with a peer recovery coach, SMART Recovery and life coach, Celebrate Recovery (faith-based recovery group), and resource presentations from halfway houses, treatment facilities, or other county agencies where individuals can receive services after release.
- **Vivitrol** - Inmates have the option to participate in a Vivitrol orientation to learn and ask questions about the shot and, if they choose, they can receive their first shot on the day of release at no cost.
- **Narcan** - Inmates also have the option to be trained in operating Narcan. Once the individual completes the training, they receive two Narcan shots in their property and keep them after release.

The Harford County Detention Center planned expansion of the substance use disorder treatment services offered to their inmate population includes the following:

- Narcotics Anonymous is working to gather more volunteers to increase the amount of meetings that are held within the detention center. By this time next year, we are hoping to have one meeting a week with both men and women.
- The Harford County Detention Center is working with women from the Celebrate Recovery program to start that particular program for our female inmates. While still in the planning stages, the Detention Center aims to start a program that provides the female population with recovery classes as well as a connection with a recovery coach.
- Parole and Probation is working to incorporate a Peer Recovery Specialist in their orientation classes that they hold at the detention center. They come in 1-2 times per month and teach anywhere from 2-4 classes. This would allow individuals who will be sentenced to parole or probation to connect with a peer recovery specialist prior to release.

XV. Howard County Department of Corrections

Howard County has developed through its partnerships and with funding assistance, a network of services to address the needs of inmates with substance use disorders, including those with co-occurring mental health disorders. These programs are presented below, with discussion of the efforts that Howard County Department of Corrections implemented in 2017 to expand substance abuse disorder treatment to offenders in the Department's custody and in the reentry community.

- **Addictions Program and Co-occurring Mental Health Treatment and Referral** - For many years Howard County has provided substance use disorder treatment through the Howard County Health Department whose counselors work in the detention center providing an outpatient level program, as well as assessments and referrals for placement in community inpatient treatment. The Health Department also provides overdose response training and the provision of naloxone for staff and inmates.
- **Maryland Community Criminal Justice Treatment Program** – A clinician from the Howard County Mental Health Authority (now a Department of Corrections employee) has provided transitions counseling for those with mental health concerns, who are being released to the community. Often these staff collaborate on individuals with co-occurring disorders.
- **Medication Assisted Treatment Changes** - In 2017 Howard County changed its policy regarding the use of methadone and buprenorphine. The Department now allows inmates who have short stays/sentences who are on a prescribed methadone or suboxone treatment protocol, to continue with the treatment while at the Detention Center. The Department has partnered with community providers such as I Can't We Can and Silverman's Clinic to receive the medications if the offender's provider is unwilling to provide the medication to the offender. We also will now allow inmates assigned to work release who are assessed as needing methadone or buprenorphine, to begin receiving these medications while on work release status. Health Department funds are available to pay for these medications when necessary.
- **Medication Assisted Treatment Grant from GOCCP** – This grant provides funding for Vivitrol use and for wrap around services and treatment at release. We expanded the grant to pay for methadone and buprenorphine, where the candidate was not medically eligible for Vivitrol. This has been an effective way for some inmates to stop using drugs and/or drinking. The one problem with the use of vivitrol is that nearly 50% of those referred to our medical department for evaluation are not medically cleared to do so. Therefore, the alternative medications are offered.
- **Strengthening Families Program** – The Detention Center offers at least two sessions of the Strengthening Families Program per year. This is an evidence-based parenting program that focuses on at risk children. Incarceration of a parent is a high-risk factor; the program provides hands-on tools for parenting and at the same time developing and strengthening family bonds while incarcerated. This is funded in part by GOCCP.

- **Reentry Mediation**- The Detention Center partners with the Mediation and Conflict Resolution Center, Inc., to provide mediation services to those returning to the community. Mediation is highly recommended for individuals for whom family relationships may be a risk factor, and this supports the Addictions and reentry programs.
- **Reentry Case Management Services** - In the past six years Howard County has developed a reentry program that includes staff working in and out of the jail assisting inmates to successfully return and stay in the community. The Department's reentry staff have expanded their network for substance abuse treatment resources. Staff have found sober living programs in Howard and surrounding counties and are able to place released offenders in such programs/facilities faster. Corrections has received funding for a second year from the county for housing of homeless inmates returning to the community and these funds may be used for initial funding of individuals in sober living. The reentry staff was increased to 3.5 positions with an anticipated additional .5 position supported through grant funds. In the past year and a half, Howard County has been successful in obtaining housing funds through federal/state ESG (Emergency Solutions Grant) funds to address the housing challenge for returning homeless offenders.
- **Access to Healthcare** - The County Health Department has placed health insurance navigators onsite at the Detention Center to help inmates obtain health insurance prior to release as well as post release. They also assist with complicated medical situations in reentry.
- **SBIRT (Screening, Brief Intervention and Referral to Treatment)** - In July 2017 the Department was awarded an \$85,000.00 grant from the Department of Health to initiate the Screening, Brief, Intervention and Referral to Treatment (SBIRT) program at the Detention Center. SBIRT will train staff on how to conduct screening for substance use disorders, conduct brief interventions and refer appropriate offenders to treatment. This training will include custody, medical, classification and work release staff. Peer Recovery Counselors from the Health Department will intervene and follow up with individuals to encourage those at risk to get treatment. This program will impact most offenders who enter the Detention Center as they will be screened at initial intake, medical screening (occurs within four hours of intake), at initial classification and again at case management staff encounters and team reviews. Staff will receive training in motivational interviewing, and processes for referring an offender to treatment pre-and post-release. SBIRT has been used in hospital settings with documented success. Howard County Detention Center and the Baltimore City Detention Center are the first correctional facilities to implement the program. The grant allowed for the hiring of a coordinator and two peer counselors. The coordinator has been hired and the peer coordinators should be hired by mid-November.

XVI. Kent County Detention Center

The Kent County Detention Center has a developed plan with vendors and the justice system to help tackle the substance abuse disorder with treatment and medical assistance. If the inmate is in the process of detoxification, the inmate is placed on the Detox Protocol that calls for monitoring the inmate every half hour until medical determines it is safe to remove them from the protocol. Prior to being placed in treatment, the inmate is assessed by Eastern Shore Psychological Services then placed into a 12-week addictions program providing both group and individual counseling. Upon release, the inmate will be directed to one of the six treatment centers for aftercare services. Other services presently offered at the Kent County Detention Center to address substance use disorders are:

- **Mental Health Treatment** – Offered by the medical contractor three days per week. In addition, a psychiatrist is on-site twice a month and provides tele-medicine services an additional two times per month.
- **Narcotics Anonymous** – Fellowship program offered once per week
- **Alcoholics Anonymous** – Fellowship program offered once per week.
- **Vivitrol** – Following a medical screening provided by the health department, the program provides for one Vivitrol injection one week before release.
- **Whitsitt Center** – Transportation provided for those inmates who have court-ordered substance abuse treatment to the Whitsitt Center, a 24-hour, seven-day-a-week residential treatment facility offering treatment to adults ages 18 and over suffering from chemical dependency and co-occurring disorders.
- **Naloxone Training** – Offered to the officers to assist those individuals in need.
- **Family Mediation** – Provides opportunities for children to spend time with their incarcerated parent.
- **Job Training**

XVII. Montgomery County Department of Correction and Rehabilitative Services

The Montgomery County Correctional Facility (MCCF), in conjunction with the Department of Health and Human Services, provides the following services to its inmate population:

- **Substance Use Disorders (SUD)** – A State Certified ASAM Correctional II.5 Level of Care program for both male and female inmates at the Montgomery County Correctional Facility (MCCF). All inmates who are cleared by Montgomery County Department of Correction and Rehabilitative Services (DOCR) case manager for programming are invited to a weekly JAS orientation and moved into the program unit based on capacity. Inmates are assigned to a therapist who will conduct a comprehensive assessment & develop an individualized treatment plan. All inmates participate in 10 weeks of SUD education groups and task groups as well as other intensive programming on the unit.
- **Naltrexone Groups** - All inmates with Opiate & Alcohol abuse history participate in weekly Naltrexone groups and are strongly encouraged to participate in medication assisted treatment upon release. All interested inmates are referred to DOCR's medical unit for a doctor's evaluation that includes lab work. Inmates are also referred to the benefits specialist and re-entry staff for community based referrals to continue their medication assisted treatment, should they chose to.
- **Narcan Kits** - Collaboration between HHS and DOCR is underway to provide education, training and distribution of Narcan Kits for interested inmates. An educational video is being shown in the lobby both in English & Spanish.
- **HG 8505** - Inmates who are Court ordered to undergo a HG 8-505 evaluation to determine their needs and amenability for SUD treatment, are seen and assessed within 7 working days.
- **Mental Health** - Newly detained inmates identified with behavioral health concerns are evaluated within 48 hours to determine their treatment needs. During their first Court appearance, recommendations are made to the Court for placement into community based residential or outpatient SUD treatment programs, as a condition of post-booking diversion.

XVIII. Prince George's County Department of Corrections

Currently, the Prince George's Department of Corrections (PGDOC), in partnership with its local Health Department, provides the following substance use disorder treatment to pretrial and sentenced offenders:

- **Comprehensive Correctional Recovery and Treatment Program (CCoRT)** – An intensive 90-day certified and licensed outpatient therapeutic treatment program. The CCoRT program is used by the County's Re-entry Court as its initial phase while the Circuit and District Courts use the CCoRT program as an intermediate sanction for its repeat offenders.
- **Jail-Based Substance Abuse Treatment (JBSAT)** – A 6-12 week certified and licensed outpatient program offered by the County's Health Department.
- **Medication Assisted Treatment (MAT)** - PGDOC uses a contracted vendor to provide MAT services to its incarcerated population, but its use is limited as the vendor isn't licensed to administer methadone. Suboxone is used as an alternative.
- **Mental Health Services** - Vendor provides a psychologist, psychiatrist, and several licensed clinical social workers to provide individual and group therapy to the incarcerated population on an as needed basis.
- **Narcan** - Recently, there have been discussions with the County's Health Department to provide the drug, Narcan, to released inmates. The Health Department agreed to provide the department with a monthly supply of Narcan to be distributed to those inmates that volunteer to accept the Narcan. Inmates will be trained on the administration/usage of the drug. Once released, the inmate will receive the Narcan.

The PGDOC has developed the following strategies and recommendations to expand substance use disorder treatment with existing resources:

- Decrease wait-time between intake and initial substance abuse screening by 3 days (from 10 days to 7 days). Justification – Screening earlier reduces the potential of losing clients without preliminary contact.
- Develop a substance abuse educational brochure and fact sheet outlining the impact of substance use on the body and behavioral risk factors. Included in the brochure community resources and help lines for opioids overdose, suicide prevention and local health department locations. Provide this document to detainees upon release and those currently resistant to treatment.
- Create signage (bi-lingual) and place throughout the department, to include the reception area, the housing units, and inmate processing and the release corridor.

- Recruit bi-lingual facilitators for Alcohol Anonymous to address the Latinos inmate population.
- Collaborate with local Universities to recruit undergraduate students to facilitate drug education workshops and classes.
- Provide additional funding for *Narcan* so that PGDOC can distribute to its specialized teams and housing unit officers;
- Enable medical vendors to become licensed methadone administrators and bill for services administered;
- Increase funding to local jails to establish substance use disorders units;
- Mandate treatment sanctions for substance use offenses; and
- Increase funding to local jails enabling the hiring of bi-lingual facilitators for the Anonymous groups (Alcohol and Narcotics).

XIX. Queen Anne's County Department of Corrections

The current Queen Anne's County Detention Center (QADC) was not originally designed to accommodate inmate programs which has limited us in the offering of inmate programs. The QADC is currently in the development of Part II of the Needs and Feasibility project for the renovation and expansion of this facility with the needed program space to better provide additional programs and services.

The programs presently offered at the QADC are:

- **Vivitrol** - A program administered through the county health department, the circuit court, and a local physician participates.
- **Family Support Group** – A program conducted in collaboration with the health department designed to encourage the inmate population to better prepare for release.

Future plans for the QADC will be to offer Care Coordination services that will include housing placement for those in recovery, and to explore the possibility of Peer Group Specialists in conjunction with their Opioid Command Center/Drug & Alcohol Council Strategic Plan as an option to assist the inmate population prepare for release and connect with treatment and/or self-help groups.

XX. Saint Mary's County Detention and Rehabilitation Center

The St. Mary's County Detention and Rehabilitation Center (SMCDRC) plans to increase the provision of substance abuse disorder treatment including medication assistance treatment. To assist with achieving this goal, St. Mary's County conducted two studies:

- **Healthy St. Mary's County** – In 2015, the Community Health Improvement Plan for St. Mary's County for 2015 – 2020 was formulated. The SMCDR was identified as item BH4 – Increase the proportion of incarcerated adults with access to substance abuse treatment services as measured by the Corrections Division of the St. Mary's County Detention and Rehabilitation Center by increasing the availability of Correctional Level 2.1 Intensive Outpatient Services for detention Center inmates.
- **St. Mary's County Community Services Gap Analysis Study** – In March of 2017, the Commissioners of St. Mary's County awarded a contract to conduct a identify and define gaps in existing services and to identify practical avenues to fund assessment and planning efforts to fill the demand. Unfortunately, economic realities limit available governmental resources. “Unmet needs are primarily in housing, transportation, behavioral and general health, and work force development; and the primary concern is providing these services to low-income families.” Ultimately, the goal is to reduce the incarcerated population.

SMCDRC plans to decrease drug related deaths, reduce jail beds, reduce recidivism or reoffending rates, provide treatment that may not be available elsewhere, provide intensive supervision and to ultimately give offenders a new chance by continuing and enhancing the below programs and community partnerships.

Currently the SMCDRC offers the following programs to address:

- **Pre-Trial Services** – The bail system in America has proven to be unsafe, unfair and ineffective. Pre-trial incarceration has an impact on employment, education, family and crime because statistically the longer an inmate is incarcerated the higher risk being arrested again. In November of 2015, the SMCDRC implemented a highly successful Pre-Trial Services Model with a host of benefits to include assisting participants in making the permanent behavior changes that will help them achieve a crime-free life and positive future.
- **Mental Health Program** – Through a Memorandum of Understanding with the St. Mary's County Health Department, mental health services are provided to the inmate/detainee population which assess the individual's clinical and social needs and public safety risk; identify required community and correctional programs responsible for post release services and coordinate the transition plan to ensure and avoid gaps in care with the community based services. To that end a Mental Health Case Planner Supervisor and an After Care Planning Case Manager are employed.

- **Intensive Outpatient Program for Women (IOP)** – In response to a need to expand services for female inmates, IOP was instituted. An individualized treatment plan to include goals, objectives, and referral recommendations and treatment plan updates. In addition to treatment services for substance abuse the high rate of both physical and sexual abuse among female substance abusers.
- **Jail Based Treatment Program** – Walden/Sierra provides a full-time SMCDRC based Addictions Treatment Specialist who provides assessment, provision, intensive treatment services and coordination of aftercare services for incarcerated offenders.
- **Overdose Prevention in Local Detention Centers – Naloxone Training** – St. Mary's County is a State of Maryland Arrest Booking Site, so every arrestee processed and inmate released from the SMCDR receive Naloxone (Narcan) Training prior to release by Medical Staff. Each trainee receives a pamphlet, certificate to obtain Narcan and when grant funding is available two (2) doses of Narcan. Additionally, the Naloxone Training video is played in the Public Lobby, Booking Area and daily on the inmate television system. This program is in partnership with the St. Mary's County Health Department.
- **Medication Assisted Treatment (MAT)** – It is the policy of the SMCDRC to maintain all inmates and detainees on Methadone or Buprenorphine, in combination with ancillary support services to opioid dependent individuals who are awaiting trial for 30 days with the exception of pregnant women who are maintained on MAT for the duration of incarceration or until pregnancy termination.
- **Vivitrol Program** – The SMCDRC implemented a Vivitrol Program to enhance the existing MAT services for offenders re-entering the community, whereby increasing engagement and retention in community based treatment, decreasing recidivism and reducing opioid overdose deaths following incarceration. As such, St. Mary's County offers naltrexone for extended release injectable suspension as a means of suppressing alcohol and opiate urges within identified inmates.
- **Drug Testing and Community Supervision** – SMCDRC through an agreement provides community supervision relating to St. Mary's County Adult Recovery, Juvenile Drug and Family Recovery Courts to include but not limited to curfew checks, alcohol and illegal drug use monitoring and supervision of other program activities.
- **Substance Abuse Treatment Outcomes Partnership (S.T.O.P.)** – The St. Mary's County Health Officer in conjunction with the local behavioral health partners, shares a common commitment to plan, promote, and develop accessible, culturally competent, continuum of care behavioral health services. Grant funding was obtained to fund treatment and support services that promote recovery, resiliency health and wellness for individuals who have, or at risk. Treatment and services for the SMCDRC include Pre-Trial Correctional Inmates, Pre-Release Correctional Inmates, the general inmate populations within county managed correctional facilities, eligible functions include Level III.1 treatment slots, Level I and II.1 Treatment slots for the jail based program, Care Coordination and Pre-Trial Case Management Services.

- **After Care Planning** – The SMCDRC funds an Aftercare Planning Case Manager (APCM) to conduct and/or provide individual and group therapy sessions; short term crisis intervention; referral and coordination of community support services; advocacy for “mainstream” services; monitoring post release compliance with treatment; and linking incarcerated inmates to secure housing/shelter. Moreover, the APCM works with the local Department of Social Services to ensure upon release the inmates have access to food stamps, healthcare and other services.
- **Offender Re-Entry Program** - The SMCDRC has a Correctional Officer position designated as the Offender Re-Entry Officer. This officer meets with offenders within 60-90 days of release to assess re-entry needs, i.e., inmate ID, birth certificates, halfway houses, in-patient programs, mediation, social service guidance, homeless shelters, employment, etc.
- **SSI/SSDI Outreach, Access, Recovery (SOAR)** - In Fiscal Year 2018, the Mental Health Case Manager/Supervisor, the After Care Planning Case Manager, and other correctional staff are completing the necessary steps to become trained to utilize SSI/SSDI Outreach, Access, and Recovery (SOAR).
- **AA and NA** – Volunteers from the community lead meetings for AA and NA relating their experience with substance abuse and the recovery program.

In addition to the programming, the SMCDRC enlists a wide variety of Substance Abuse, Educational and Life Skills Programs designed to reduce recidivism. Partnerships with Walden Sierra, Department of Social Services, Department of Human Services, Correctional Mental Health Services, Board of Education, Southern Maryland Job Source on Wheels and Mediation of St. Mary’s have provided a host of additional services to the facility.

Our community corrections philosophy focuses on an Inmate Release Plan identifying all inmates sentenced to six (6) months or better. Other inmates are considered on a case-by-case basis. The Inmate Release Plan utilizes all “outside” resources and assesses the opportunities of each inmate prior to release. Subsequently, ensuring shelter, medical, mental health and employment needs are achieved. While incarcerated these inmates are subjected to the various substance abuse, life skills, and educational programs designed towards a successful re-entry upon release.

XXI. Somerset County Detention Center

The Somerset County Detention Center has a limited number of programs designed to address substance use disorders; however, a grant has become available through the Somerset County Health Department for addictions treatment beginning in fiscal 2018. The substance use disorder services currently provided are:

- **Level 1 Substance Abuse Treatment** - Provides both group and individual treatment along with discharge planning for inmates upon released. The program is administered by Eastern Shore Psychological Services.
- **Vivitrol** – Administered by Eastern Shore Psychological Services to inmates being released who have been identified as in need.
- **Parenting** - Meets weekly to enhance parenting skills.

XXII. Talbot County Department of Corrections

The Talbot County Detention Center offers the following programs to its inmate population seven days per week to address substance use disorders:

- **Substance Treatment and Recovery (STAR)**
- **Anger Management**
- **Re-Entry Mediation**
- **AA & NA**
- **Medication Assisted Treatment**

To increase the provision of substance use disorder treatment in Talbot County Department of Corrections, the Detention Center is working with other jurisdictions on the implementation of the Maryland Screening, Brief Intervention and Referral to Treatment (SBIRT) with a target population for service provisions for pre-trial inmates.

XXIII. Washington County Detention Center

The Washington County Detention Center in collaboration with the Washington County Health Department, Division of Behavioral Health Services (BHS) provides both substance use treatment, prevention and reentry services at the Washington County Detention Center (WCDC). Treatment services include:

- **Jail Substance Abuse Program (JSAP)** – Level 1 substance use disorder treatment, and prevention services provided by BHS include HIV education and testing, Sexual Health in Recovery (SHIR), Strengthening Families Parenting group, and Naloxone training. The JSAP is accredited by CARF International as an Outpatient Addictions Criminal Justice Program. JSAP provides Level 1 services to incarcerated adults who are court ordered for treatment at the Detention Center. Jail-based groups are offered twice weekly, six groups for males and four groups for females with a total of 12 direct treatment hours per week. The groups run in 8 weeks sessions and clients are court ordered to complete the program. Participants in the program also benefit from at least one individual session per month, case management and comprehensive discharge planning. Patients in our Jail-Based program are able to access services for medically assisted treatment prior to release and are scheduled for a follow up with our outpatient program upon release.
- **Washington County Detention Center and Day Reporting Center** – In collaboration with Serenity Treatment Center, Inc. and other partners provide various services including intensive treatment for substance abuse disorders, individual and group counseling, intensive case management, community supervision, reentry coordination, health and wellness, vocational, life skills, soft skills, peer support, financial management and mentoring services. The Detention Center in partnership with Serenity Treatment Center, Inc. also provides Medication Assisted Treatment (MAT) through a grant from the Governor’s Office of Crime Control and Prevention utilizing the medication Vivitrol.
- **T.A.M.A.R.** – A 10-week trauma, substance abuse treatment and mental health program operating within the WCDC in partnership with the Washington County Health Department BHS and the Washington County Mental Health Authority (WCMHA). TAMAR is a grant funded program. This program is voluntary and inmates must request to participate. The program uses a multi-disciplinary approach in providing pre-screening, assessment, referral, educational presentations, group and individual therapy, Eye Movement Desensitization and Reprocessing, family support and advocacy.
- **Prevention Services** – Provided at WCDC through BHS are voluntary to both the men and women. Prevention services are funded through various grants from the Maryland Department of Health Behavioral Health Administration.
- **Strengthening Families Program (SFP)** – An evidence-based family skills training program found to significantly reduce problem behaviors, delinquency, and alcohol and drug abuse in children and to improve social competencies and school performance.

Child maltreatment also decreases as parents strengthen bonds with their children and learn more effective parenting skills.

- **Sexual Health in Recovery (SHIR)** – A 14 week, psychoeducational group-level curriculum for clients regarding shame and is an opportunity for clients to better understand their own sexual history and behavioral patterns. SHIR in substance abuse treatment is an opportunity to help clients reframe sexuality as an ally in recovery, rather than a relapse trigger.
- **Anger Management** – two hours per week for six weeks and is taught by a peer support specialist. This is available to both the men and women at the detention center. Using an evidence-based program, group members learn about coping skills, strategies and alternatives to dealing with anger.

The Health Department also provides access to a State Care Coordinator, Systems Navigator and peer support for individuals upon release. State Care services are designed to help individuals remain engaged in their recovery and to promote independence and self-sufficiency. Each individual is linked with a care coordinator that provides intense case management and referrals to meet their needs upon release. Referral and linkages may include health care, employment, legal aid, housing, child welfare, social services, and peer-support providers. Through State Care Coordination, inmates can also access peer support at the Health Department.

Services that support reentry include systems navigation, State Care Coordination and peer support services. The Health Department provides systems navigation to both the general inmate population and our program participants. The Systems Navigator enrolls inmates who are not covered in the Maryland Medicaid systems and provides assistance to those who are. The Health Department utilizes peer support in the JSAP treatment program and anger management. WCDC can also access our peer support staff upon request. The Washington County Detention Center also has a Reentry Coordinator that provides services inside the Detention Center and in the Day Reporting Center.

The Washington County Detention Center's plan is to increase the provision of substance abuse disorder treatment, including medication assisted treatment, through the growth of the Day Reporting Center and Reentry Programs. In addition to the expansion of the Day Reporting Center and Reentry Programs, the County Health Department is exploring ways to fund its programs as the transition to a fee-for-service structure will result in funding deficits.

XXIV. Wicomico County Department of Corrections

The Wicomico County Department of Corrections currently works with the Wicomico County Health Department on a number of levels. Assessment and Treatment (STOP Grant Funding) provides for two substance abuse counselors to conduct assessments and treatment groups to the male and female population. In addition, the Health Department conducts one Naloxone class per month to inmates who are within 30 days of release. Those inmates who complete the training are provided a Naloxone kit upon release.

Wicomico County Department of Corrections has also partnered with the health department's behavioral health staff who provide "peer support counselors" to our pretrial population and also those being released who are transitioning to community based treatment with the health department or any other provider. We are looking to expand this to people being released ROR from Central Booking who may be seeking help.

Through the Core Service Agency (CSA), Wicomico County Department of Corrections received a grant that assists with our costs for mental health services to the resident population, many of whom have a substance abuse disorder.

XXV. Worcester County Jail

The Worcester County Jail in partnership with the Worcester County Health Department staff strive to provide valuable services to the jail population by identifying and providing services to those inmates with substance abuse and mental health issues. Upon arrival a certified correctional officer performs a medical history screening to include medical, mental health and current use and previous use of illegal drugs and alcohol abuse. Our medical contract provider performs an additional substance and mental health screening within 24 hours of admission to the facility. Medical and Mental Health staff identify and actively treat those individuals to ensure their medical and mental health needs are provided according to protocol.

Inmates at the Worcester County Jail have the opportunity to participate in Worcester County Health Department sponsored addictions programs, Nurturing Fathers, Nurturing Mothers programs that includes coping skills to deal with anger management and stress. Personnel from the health department provide re-entry assistance to the inmate population. Recently members of the Health Department have created a Pre-Release Medicare Assistance program to assist those inmates scheduled for release to obtain services in the community. The Worcester County Health Officer and her staff are actively working on implementing a Vitriol program for the inmate population who are scheduled for release.